



REFRESH

VINIA CONFERENCE 2023

Name: _____

Phone Number: _____

WELCOME TO REFRESH

We are thrilled to welcome you to the VINIA Refresh Conference! We hope you're ready to relax, soak up the sun, connect with others, and take a break from the routine.

We encourage you to engage in meaningful conversations with other attendees, find encouragement, and make new friends. We believe that God has great things in store for each of us, and we can't wait to celebrate what He's been doing in our lives.

One of the highlights of our conference is the opportunity to learn together from our main sessions and workshop speakers. We're confident that you'll leave feeling inspired and equipped to apply what you've learned in your own life.

At VINIA, we're passionate about giving you the tools you need to feel connected, build confidence, and gain clarity. That's one reason why we're excited to invite you to experience a "Test Flight" coaching conversation. Coaching isn't just about solving a specific problem. It's about gaining clarity on your goals, identifying and overcoming limiting beliefs, developing new skills, and holding yourself accountable to taking action towards your aspirations.

We provide a proven framework that will take you from feeling ineffective and alone to confident and connected. Take advantage of the tools that VINIA offers and discover a new level of personal growth and development.

Thank you for joining us at the VINIA Refresh Conference, and we look forward to an unforgettable experience with you!

Dave DeVries

BIENVENIDOS A “REFRESH”

¡Estamos encantados de darle la bienvenida a la Conferencia Refresh de VINIA! Esperamos que esté listo para relajarse, tomar sol, conectarse con otros y tomar un descanso de la rutina.

Lo alentamos a entablar conversaciones significativas con otros asistentes, encontrar aliento y hacer nuevos amigos. Creemos que Dios tiene grandes cosas guardadas para cada uno de nosotros, y estamos ansiosos por celebrar lo que ha estado haciendo en nuestras vidas.

Uno de los aspectos más destacados de nuestra conferencia es la oportunidad de aprender juntos de nuestros principales oradores de las sesiones y talleres. Estamos seguros de que se irá sintiéndose inspirado y equipado para aplicar lo que ha aprendido en su propia vida.

En VINIA, nos apasiona brindarle las herramientas que necesita para sentirse conectado, generar confianza y ganar claridad. Esa es una de las razones por las que nos complace invitarlo a experimentar una sesión de coaching de prueba. El coaching no se trata solo de resolver un problema específico. Se trata de obtener claridad sobre sus objetivos, identificar y superar las creencias limitantes, desarrollar nuevas habilidades y responsabilizarse de tomar medidas para alcanzar sus aspiraciones.

Brindamos un marco comprobado que lo llevará de sentirse ineficaz y solo a sentirse seguro y conectado. Aproveche las herramientas que le ofrece VINIA y descubra un nuevo nivel de crecimiento y desarrollo personal.

¡Gracias por acompañarnos en la Conferencia Refresh de VINIA y esperamos tener una experiencia inolvidable con usted!

David DeVries

Refresh Conference Schedule

Tuesday

2:00pm	Registration Opens
3:30pm	Opening Session: Welcome and Worship
5:00pm	Dinner (on your own)
7:00pm	Evening KickOff & Comedian

Wednesday

6:30am	Breakfast Open
7:00am	Morning Prayer
7:15am	CFA Breakfast (pre-registration required)
8:30am	Worship
9:30am	Prayer Time
9:45am	Break
10:15am	Main Session #1: Alan Fadling
12:15pm	Lunch (on your own) & Hispanic Lunch in lobby
2:00pm	Workshops
3:00pm	Break
3:30pm	Worship & Main Session #2: Gem Fadling
5:00pm	Break
7:00pm	Poolside Dinner

Thursday

6:30am	Breakfast Open
7:00am	Morning Prayer
8:30am	Worship
9:45am	Break
10:15am	Main Session #3: Alan Fadling
11:15am	Closing Worship & Communion

Workshops

Trifocal Vision (Timothy Maki)

Trifocal Vision is a life and ministry tool to help guide you and your team into God's preferred future. Like spiritual glasses, it will give you clarity with near, intermediate and distant vision, which are all needed in fulfilling Gods plan for you, your church, ministry or business.

Overcoming Barriers to Local Missions in Your Neighborhood (Charles Clemons)

We'll tackle the issue of fear-based manipulation for political gain. Join us as we work together to identify these fears, bring clarity to the situation, and present Scriptural guidance that addresses fear through the Holy Spirit. The gospel is a powerful force that can change anyone and provide them with the courage and stability to face their fears. Our aim is to equip you with the tools you need to overcome barriers and confidently engage in local missions in your neighborhood.

3 Miles per Hour: Leading at the Speed of Jesus (Jordan Dillon)

In this workshop we will watch a short documentary of one priest's true story of learning to live at the speed of Jesus. We will reflect and have discussion together. We will seek to learn a new way of leading and loving those around us that is slower, deeper, and more attentive to God's still, small voice.

The Church's Voice in the Transgender Conversation (Ed Schutte)

The transgender phenomenon has become a high-profile battleground issue in today's culture wars. However, as Christians, we must be able to speak truth and love into these confusing and emotionally charged

conversations. . . but we need to know how. This workshop will help equip Christian leaders, pastors, and parents to more confidently navigate the issues related to the transgender conversation.

The Mission (Toby Lazo) – in Spanish

Tom Nelson from Denton Bible Church in Texas reminds us, "If as a church we have achieved success in all areas, but fail to make spiritually multiplying disciples, then we could argue that we have failed." Sadly, many churches in North America have lost their way and forgotten their purpose. It's time to remind ourselves of the great commission given to the church - to go and make disciples of all nations.

If you're passionate about fulfilling this mission, then this workshop is for you. We'll discuss how we can work together to make a real difference in our communities and beyond. Let's be on mission!

Become the Leader You are Called to Be

A proven framework for fruitful leadership

CLARITY | CONNECTION | CONFIDENCE

Do You Struggle With...

- Knowing how to guide your organization through changes and challenges?
- Feeling unsure and isolated?
- Not seeing the growth you'd like to see in your organization?

You Deserve to Feel Confident in Your Leadership!



Get Clarity

Both personally and professionally as you work with a coach to develop a life impact plan.



Gain Connection

With Vinia's network of like-minded leaders as you work together through Vinia's leadership framework.



Grow Confidence

As you learn how to navigate change and challenges with the support of your coach.

How It Works

1. **Connect With Us** – Talk with us so we can explain the Vinia Framework and help you discern your next steps.
2. **Find Clarity** - Work with a coach to develop a Life Impact Plan with will provide a clear vision for the road ahead.
3. **Gain Confidence** - As you progress through the Vinia framework with the support of your coach and a like-minded group of leaders.

Vinia Tools

-  **Cohorts** – small groups of fruitful leaders meeting monthly
-  **Annual Conference and Live Events** – large groups of fruitful leaders meeting quarterly
-  **Webinars and Workshops** – online and onsite, plus a video “replay” library
-  **Church Leaders Institute (CLI)** – live online classes in English & Spanish, plus on demand courses
-  **Consultations** – building trellis systems to grow disciples, leaders, and new churches
-  **Coaching Memberships** – annual coaching for groups, teams and individuals
-  **Impact Plans** – write a strategic plan—explore your identity, purpose and direction—for your life, your ministry, and your church

Main Speaker Notes

Opening Scripture Reflection Tuesday Afternoon

Psalm 127:1-2

New International Version

¹Unless the Lord builds the house,
the builders labor in vain.

Unless the Lord watches over the city,
the guards stand watch in vain.

²In vain you rise early
and stay up late,
toiling for food to eat—
for he grants sleep to those he loves.

Luke 5:15-16

New International Version

Yet the news about him spread all the more, so that crowds of people came to hear him and to be healed of their sicknesses. ¹⁶But Jesus often withdrew to lonely places and prayed.

Wednesday Morning Main Session #1

Leading in the Presence

Isaiah 55:1-3

Alan Fadling

Scripture Reflection: Isaiah 55:1-3

¹ *"Come, all you who are thirsty,*

come to the waters;

and you who have no money,

come, buy and eat!

Come, buy wine and milk

without money and without cost.

² *Why spend money on what is not bread,*

and your labor on what does not satisfy?

Listen, listen to me, and eat what is good,

and you will delight in the richest of fare.

³ *Give ear and come to me;*

listen, that you may live.

I will make an everlasting covenant with you,

my faithful love promised to David.

1. Come

(v. 1, 3)

Consider John 7:37-38: On the last and greatest day of the festival, Jesus stood [in the temple courts] and said in a loud voice, "Let anyone who is thirsty come to me and drink. ³⁸Whoever believes in me, as Scripture has said, rivers of living water will flow from within them."

2. God Extends This invitation to Us in the Midst of All Our Going

3. Listen

(v. 2-3)

“Listen” insights:

- Listen
- Listen to *Me*
- Listen that you might *live*.

4. God Extends This Invitation to Us in the Midst of All Our Talking

5. Buy

(v. 1-2)

In common language, we may say “I don’t buy that” or “I can buy that”, meaning confidence, belief, willingness to enter in.

Do we really believe what we say we believe? Do we get stuck between “listen” and “buy”?

6. God Extends This Invitation to Us in the Midst of All Our Selling

Henri Nouwen: “What is most personal is most universal”

Where we come to deep places of personal trust in Christ, we will be able to most encourage and guide others in their own deepening trust.

7. Eat/Delight

(v. 1-2)

Delight is where my deepest thirsts meets God's great goodness.

8. God Extends This Invitation to Us in the Midst of All Our Serving/Feeding

Every time I'm on a plane, the flight attendants do the “put your own oxygen mask on first” routine. But that's good spiritual leadership wisdom that we ignore at our peril.

Reflection Questions

Which of these invitation words—come, listen, buy, eat—seem to most resonate most for me?

In what ways am I thirsty? Where am I taking my thirsts these days?

What are “the waters” to which Jesus is inviting me and the richest fare in which I might delight in this season?

What might satisfaction (or contentment) actually look like for me in this season?

Wednesday Afternoon Main Session #2

Sorting Through the Voices in Our Heads

Insights from Hold That Thought

Gem Fadling

The Limits of My Anxiety

Three Spirit-Inspired Insights

1.

2.

3.

What I Have for Sure

May the grace of the Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit be with you all.

(2 Cor. 13:14)

The Love of God

The Grace of Jesus

The Fellowship of the Holy Spirit

The Voice

1. What UNHELPFUL thoughts or ideas does this voice typically express?

2. What HELPFUL thoughts or ideas might you engage instead?

The Inner Dining Table

Notice

Discern

Respond

NDR – Notice, Discern, Respond

Hold That Thought: Sorting Through the Voices in Our Heads

Gem Fadling

Notice

It's important to begin with the practice of **awareness**. Let's practice **noticing** the voices in our heads. Don't judge them or hide them. Simply notice and acknowledge them.

This is about bringing these voices into the light and not letting our thoughts remain unconscious and unquestioned. Don't be afraid to look within. Fear keeps us trapped, so try to become curious about yourself and your thoughts.

Instructions

1. Choose one of the voices we covered in our session.
2. Write down three to five *unhelpful* statements this voice often makes.
3. Circle the one thought you would like to *discern* right now.

1. _____

2. _____

3. _____

4. _____

5. _____

Discern

Discerning is about becoming more curious. Openness and honesty help here so that you can uncover what is going on. Discernment is the key to becoming wiser and more confident. It is also the precursor to more healthy responses. Some thoughts will shift easily and some will require more time. Either way, you can move toward responding.

Instructions

1. Look at the unhelpful thought you circled.
2. Reflect on the questions and write your answers below.
 - How have I come to **rely on** this thought?
 - What is it **costing me** to let this thought sit at the head of the table?
 - What is making it difficult for me to let go of this thought? What is keeping me **stuck** here?
 - What is the **benefit** of shifting to a more helpful thought?

Reflection

Respond

Once you have spent time discerning your thought, you can respond by coming up with a new, more helpful thought.

Rather than reacting, you can move through notice and discern into response. Process matters in this case, especially if you want to make lasting change. In the work of changing your thought, consider a reframe and the helpful shift you would like to make. This may happen quickly or, depending on how deeply this thought is anchored within, it may take a while. Either way, simply take the next step and keep going until you are engaging a new healthy pattern.

Instructions

1. Write your unhelpful thought below.
2. Now that you have spent a little time in discernment, see if you can come up with a new, more helpful thought.
3. Remember, this is a *practice* moment, not a perfection moment. Simply come up with a good first draft of a new thought. It can always be edited and you can always add more thoughts later.

Unhelpful thought - _____

New helpful thought - _____

Follow up questions for later

1. What might get in the way of shifting to this new thought?
2. How can you be kind to yourself as you keep on track with your new helpful thought? Recall the *benefit* you listed in the Discern section.
3. What other support might you need?
4. If you notice that healing from this thought requires more assistance, what might be your next step in seeking help?

To connect further with Alan and Gem Fadling, visit their website

www.unhurriedliving.com.



Thursday Morning Main Session #3

Peace: The Fruit of Gracious Fullness

A Non-Anxious Life Preview ch. 4

Alan Fadling

Grace and Peace

Grace and peace are a basic kingdom orientation that God is inviting us to cultivate. We live by God's generous and empowering grace. We live in the protection and security of God's peace.

Inhaling Grace

The grace of God is the atmosphere of God's kingdom. We live by inhaling grace. Gratitude is exhaling the grace we inhale.

- God's gracious initiative buoys me and carries me along in this good kingdom way of living and serving.
- God's empowering presence gives me humble courage to bless others, knowing that I give from a limitless source of goodness available to me in God.
- God's affection and delight in me free me from craving the recognition of others, which frees me to live for their good more than for my own.
- God's merciful forgiveness releases me from the burden of shame and guilt that have sometimes driven me to unhealthy ways of relating to others.

Grace and Prayer

In practice, one of the ways we learn to live in the grace of God is through prayer.

By this, I don't mean speaking a lot of words at God. I mean learning to live in conversational relationship with God, moment by moment.

"I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being, so that Christ may dwell in your hearts through faith. And I pray that you, being rooted and established in love, may have power, together with all the Lord's holy people, to grasp how wide and long and high and deep is the love of Christ, and to know this love that surpasses knowledge—that you may be filled to the measure of all the fullness of God (Ephesians 3:16-19)."

This prayer is rooted in grace. Paul envisioned something good that would come to his friends "out of God's glorious riches."

Grace and Thirst

Anxiety is often about making sure that my thirsts are met. What sort of thirsts?

- Sometimes I feel unsafe and I'm seeking the perceived protection of trying to accurately predict (control?) the future.
- Sometimes I feel in disarray and I'm seeking to frantically organize my life in a way that makes sense to me.
- Sometimes I feel hungry for words of affirmation and I'm restlessly seeking to impress those around me.
- Sometimes I feel inadequate and I'm anxiously seeking to feel a bit more confident or in control of my life.

There is only one way in which my soul finds rest in all these ways it seeks. Security, order, affirmation, and confidence have always and only come into **my life in communion with God.**

God Longs to Be Gracious

Another of my favorite descriptions of God and his grace is Isaiah's, **"The Lord longs to be gracious to us.** He rises to show us compassion (Isaiah 30:18)."

Grace reminds me that I have more than I need. Anxiety complains that there will never be enough.

God does not reluctantly consent to show us grace.

God is not begrudging in his generosity.

God's grace does not come in wisps or trickles.

It is a roaring river of generous presence.

It is the deep desire of God's heart to entrust us with immeasurable love and compassion.

Reflection & Intentions

QUESTION: What have been God's gifts to you in our time away together?

QUESTION: What invitation is God extending to you that you intend to embrace as you go back?

May God's empowering presence, his measureless generosity and his great goodness be with you, seeking you before ever you seek him. And may grace bear the fruit of deep well-being, freedom from anxious care, and a soul at rest in the Presence of God the Father and our Lord Jesus Christ. Amen!

Powerful Questions

One of our goals during this REFRESH conference is to encourage meaningful conversations. The following questions are provided to stimulate conversation - feel free to use them often!





1. What leaves the room when you leave?
2. As you look at where God has you now, what do you sense God is saying to you?
3. What is making this behavior hard to do?
4. How can you make this behavior easier to do?
5. And why is that?
6. What do you wish you had said or done differently?
7. If I were a different person, looking at my life from the outside, what would be the obvious right action to take?
8. If this were the second time I were living this day, what would I do differently?
9. What's the hard part? Which part of your work, if it suddenly got much better, would have the biggest impact on the outcome you seek?
10. What have you quit doing?
11. How, specifically, do you want your life to be better at this time next year?
12. What is one previous habit you'd like to reclaim?
13. What is one current habit you'd like to let go?
14. What do you wish people knew about you?
15. What could you do that would help people have creator trust in you?

16. What if God never answers your prayer?
17. If you could only accomplish one thing for the rest of your life, what would it be?
18. What do people often seek you out for advice, wisdom, and help?
19. What experiences have you had that you desire to help others with?
20. What lights you up? What excites you?
21. What do you love learning about?
22. What activities are you always motivated to do?
23. What can you do to make a positive difference in the lives of others?
24. So what? What are you doing that really counts?
25. Where does your trust in God need to grow?
26. What might God be trying to teach you right now?
27. What would lower your anxiety level?

Vinia Coaching Program

GET A COACH

Four key benefits you can expect to experience with your VINIA Coach:

-  Your VINIA Coach will help you go further faster - by offering you guidance, support, and feedback, so you can achieve your goals more efficiently and effectively.
-  Your VINIA Coach will enable you to focus more clearly on the next step to attain your goals - by helping you identify and prioritize what's important, and what's not.
-  Your VINIA Coach will raise your self-awareness to a new level - by challenging your limiting beliefs and assumptions, and helping you develop new perspectives and mindsets.
-  Your VINIA Coach will give you clarity on your priorities - by helping you align your values, goals, and actions, and create a clear path towards your vision.

Cost:

-  Taste and See (1st month) Two introductory 50-minute sessions, complementary
-  Quick Start (3 months) Two 50-minutes sessions per month, \$149 with Vinia Certified Coach intern (Free to any Vinia credentialed pastor until September 1, 2023)
-  Coaching Memberships (annual) – Group, individual, or team coaching, plus two registrations for all Vinia events and the annual conference, \$199, \$299, or \$399/month
-  Leader Coaching - Six or more session series with a Vinia Certified Coach, \$100-200/session

Learn more at www.vinia.org/coaching.

GET A LIFE IMPACT PLAN

1. Clarify your goals and aspirations.

This process helps you identify your most important goals and develop a plan to achieve them.

2. Create a roadmap for your life

Your plan will help you stay focused and motivated, even when faced with obstacles and challenges.

3. Align your actions with your values

When you are clear about what you want out of life, you can make decisions that are in line with your values and goals. This helps you avoid distractions and stay true to yourself.

4. Measure your progress

By setting specific, measurable goals and tracking your progress, you can see how far you have come and identify areas where you need to improve, making adjustments as needed.

5. Live a more fulfilling life

When you are clear about your goals, values, and aspirations, and you have a plan of action to achieve them, you can pursue the things that matter most to you and make a positive impact on the world around you.

Format

9 Coaching Sessions, 60-75 minutes, groups of 2-4 or individual

Cost

- Group LIP: \$299/person
- Individual LIP: \$699
- Discount: 25% discount with your coaching membership

GET TRAINED TO COACH



Taste and See webinar (3 hours)

- Learn three skills that will impact your leadership.
- Personally experience the interactive training.
- Cost: FREE!



Coach Essentials (1 day)

- Learn to:
 - listen actively so others feel you understand them.
 - ask powerful questions that initiate a change of thinking.
 - generate feedback that avoids defensiveness.
 - design action steps that will actually be accomplished.
 - follow-up to increase learning and accountability.
- Cost: \$149



Coaching Foundations (3-day)

- In-depth development of the COACH model skills and knowledge
- Prepares you to become an effective Christian coach.
- Cost: \$399, scholarships available

You can register for a 3-day Coaching Foundations Workshop now!

We have an **online** training coming up in August and an **onsite** training in November. A link to details is on the next page.

**August Coaching
Foundations Workshop
August 7-11**



**November Coaching
Foundations Workshop
November 7-9**



BECOME A VINIA CERTIFIED COACH



The essence of the Vinia Coach Internship:

- Establish a custom internship pathway
- Complete the orientation classes
- Receive specialized mentoring
- Gain 30 hours of coaching experience using the COACH Model
- Establish a primary coaching focus
- Attend the Coaches Playground quarterly
- Participating in peer coaching
- Recommendation by Mentor Coach
- Compensation - educational credits
- One-year commitment required



Cost: \$299 for 3 months, then \$100 per month until complete. Scholarships available.

Join us for...



LEAD WHERE YOU ARE.



Global Leadership Summit - Vinia Viewing at the Graf Barn | August 3-4

Use the priority code **S23VINIA** to get the Vinia discount.

Super Early Bird: \$139 (until May 30)

Early Bird: \$159 (until July 12)

Regular Rate: \$179



*Two registrations included with your annual coaching membership

Bi-Monthly Vinia Prayer Meeting

Join us on the 1st and 3rd Tuesdays of every month at 10am for a prayer meeting on Zoom. An email goes out the day before with the Zoom link.

If you'd like us to pray for something specific, you can send prayer requests to info@vinia.org.

Sponsors



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Special thanks to our Conference Planning Team!

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Together...we engage, develop, and empower
leaders who bear lasting fruit for Kingdom
movement.

Become the Leader You Are Called to Be

Clarity | Connection | Confidence

vinia.org